



NINDS K Award Open House

July 1, 2026

Agenda

- Welcome and Introductions
- Overview of NINDS Training and Career Development
- Academic Career Excellence (ACE) Award (K32 - Independent Clinical Trial Not Allowed)
- Mentored Research Scientist Development Award (K01)
- Pathway to Independence Award (K99/R00)
- Mentored Clinical Scientist/Patient Oriented Research Career Development Award (K08/K23/K22/K02)
- Breakout Rooms
 - K32
 - K01/K99
 - Clinician Ks (K08/K23/K22/K02)

Webinar Housekeeping

- You will be muted during the presentation.
- Type questions in the Q&A box or save for the breakout rooms at the end.
- The webinar will be recorded. Slides and the recording will be shared with registrants after the event.

NINDS Office of Training and Workforce Development

We're here to help you!



Andy Meredith, PhD
*Division Director,
Extramural Activities*



Tish Weigand, PhD
Director



Lauren Ullrich, PhD
Deputy Director



Myriam Megouache, MBA
Operations Liaison



K. Rezaizadeh, PhD
Program Director



Marguerite Matthews, PhD
Program Director



Elizabeth Sypek, PhD
Program Director



Jenny Kim, PhD
Program Director

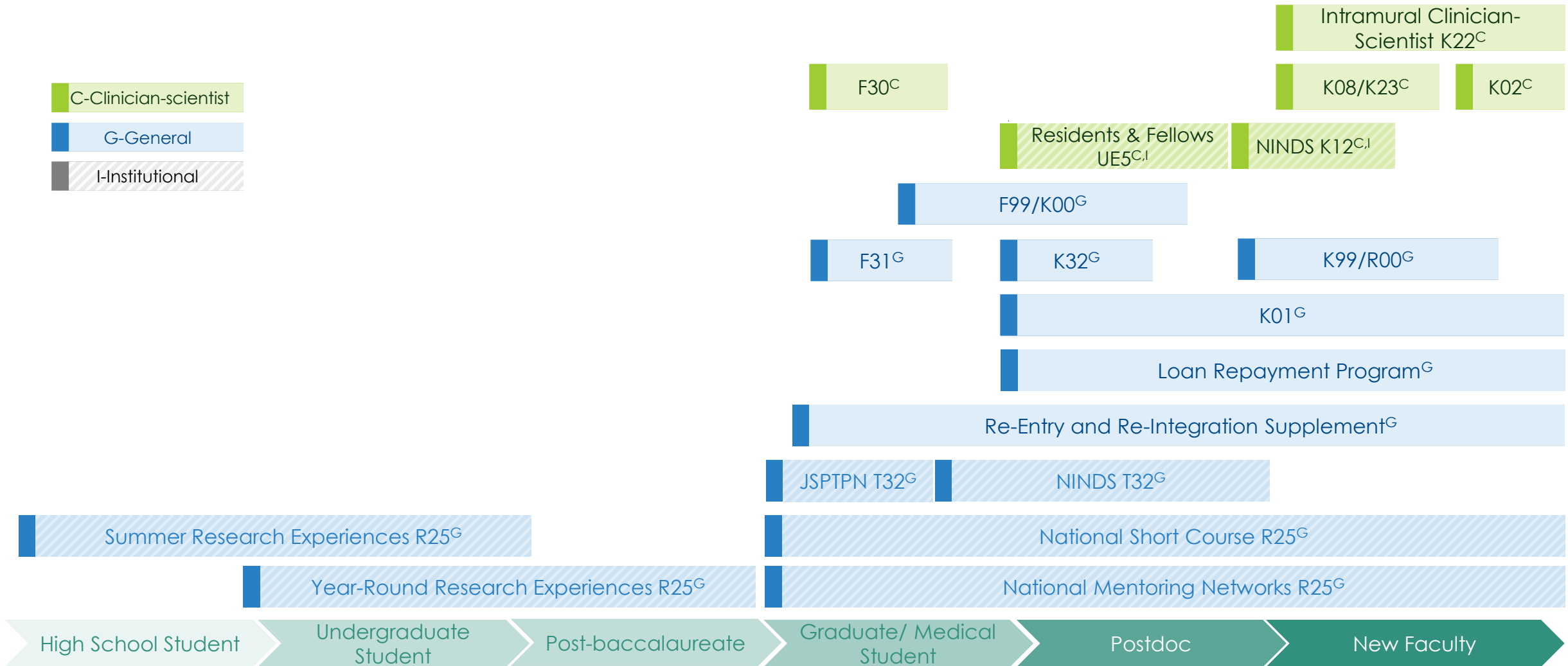


Joshua Sanchez, PhD
*Health Program
Specialist*



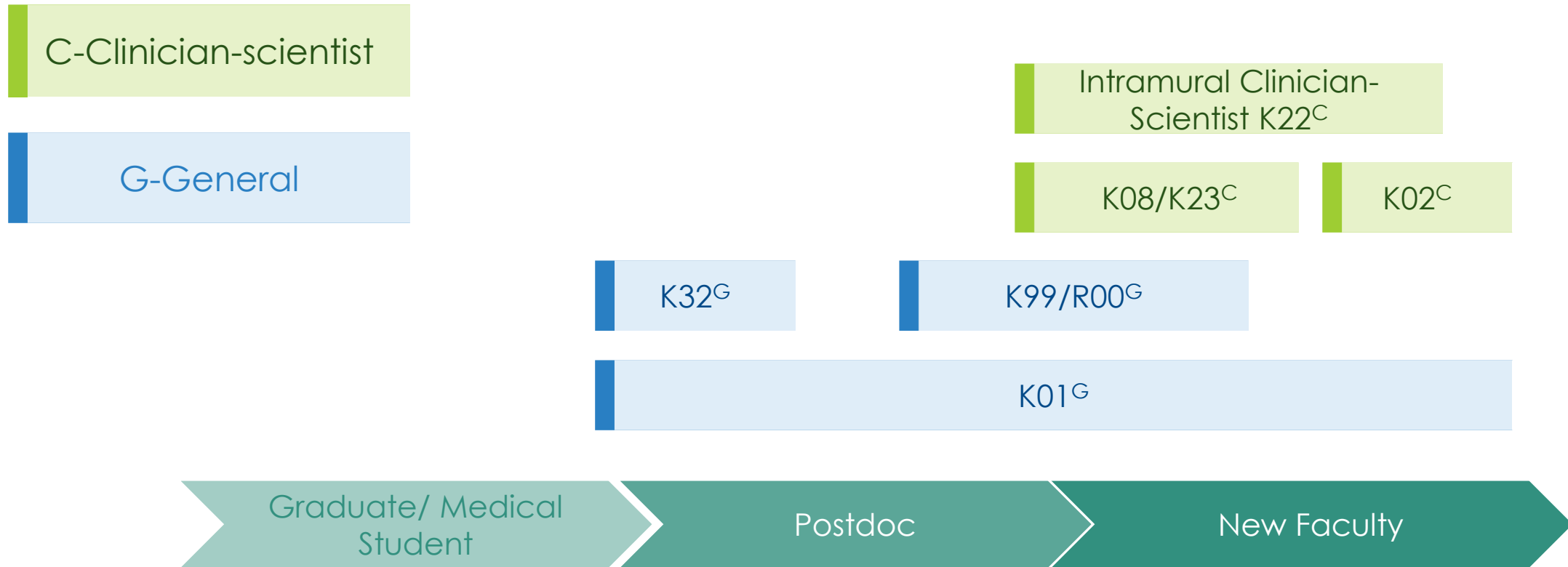
Nina Hsu, PhD
Program Director

NINDS Training and Career Development Programs – July 2026



<https://grants.nih.gov/funding/find-a-fit-for-your-research/nih-institutes-centers-offices/NINDS>

NINDS Career Development Awards – July 2026



<https://grants.nih.gov/funding/find-a-fit-for-your-research/nih-institutes-centers-offices/NINDS?category=individual-career>

NINDS Career Development Priorities

- Justify the need for a mentored career development award (CDA) through a clear, feasible career development plan that addresses specific training gaps.
- Provide evidence that the plan will support progress toward the next career stage and research independence.
- Show intellectual ownership of the proposed project by the candidate.
 - Proposal cannot overlap with mentor's work
- Document appropriate institutional support.
- NINDS expects candidates to commit a minimum of 75% of full-time professional effort to their program of career development (neurosurgeons may commit a minimum of 50%)

Approaching your application



Scored Review Criteria



Candidate



Career Development Plan/Career Goals and Objectives/Plan to Provide Mentoring



Research plan



Mentor(s), Co-Mentor(s), Consultant(s), Collaborator(s)



Environment and Institutional Commitment to the Candidate



PAR-27-062 Academic Career Excellence (ACE) Award (K32 - Independent Clinical Trial Not Allowed)

Contact:

NINDSKAwards@ninds.nih.gov

Academic Career Excellence (ACE) Award At A Glance



Replaces the **NINDS-specific F32 PAR-25-234** beginning with the **October 12th 2026** receipt date



Developed to support rigorous, mentored scientific **research** and **career development** for **early-stage postdoctoral scholars**.



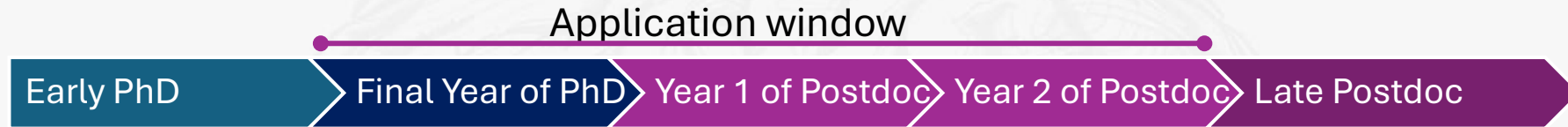
With **salary** and **research development funds**, the ACE K32 supports **up to three years** early in the postdoctoral training period



Preliminary data are not required, emphasizing innovative research ideas and thoughtful plans for career development and mentorship

Eligibility and Details of Support

Between 1 year PRIOR to starting your first postdoc, or within the first 2 years of beginning postdoctoral training



Resubmission applications are included in the eligibility window

- *Resubmissions (A1) from a prior F32 are not allowed*

Must have identified the specific postdoctoral research group and applications must be submitted by the postdoctoral research institution

By the time of award, the candidate must be a citizen or a non-citizen national of the United States or have been lawfully admitted for permanent residence

Provides salary support up to \$75,000 and research costs up to \$30,000 for up to three years

Following or near the completion of the ACE K32, awardees may apply for a more advanced NIH career development award (e.g., K01, K08, K99/R00)



PA-24-175: Mentored Research Scientist Development Award
(K01 Independent Clinical Trial Required)

PA-24-176: Mentored Research Scientist Development Award
(K01 Independent Clinical Trial Not Allowed)

Contact:

NINDSKAwards@ninds.nih.gov

K01 Mentored Research Scientist Development Award At A Glance



NINDS will accept applications beginning with the **October 12, 2026** receipt date



Provide support and “protected time” for intensive, supervised career development leading to research independence



Provide **salary** and **research development funds** for up to **five years**



Postdoc to faculty career levels, never held R01



NINDS prioritizes K01 applications that explain why **mentored career development** is needed

Eligibility and Funding Priorities

- **Career Stage:** NINDS does not have funding priorities related to years post-PhD. Candidates at various career stages are welcome to apply, from postdoc to faculty
- **Need for training:** The strongest applications will
 - Make a strong, specific case for why additional mentored training is needed
 - Show that the candidate has genuine intellectual ownership of their proposed research, and
 - Demonstrate meaningful institutional support. The K01 is not a transition award
- Should prepare the candidate to submit an R01 or other major research application in 3-5 years for advanced postdocs and faculty
- By the time of award, the candidate must be a citizen or a non-citizen national of the United States or have been lawfully admitted for permanent residence

Details of Support

Provides support for up to **5 years**

Career Stage	Salary	Research Support
Postdoctoral fellows/ mentored positions	Up to \$75,000 per year, plus fringe	Up to \$30,000 per year
Faculty positions	Up to \$150,000 per year, plus fringe	Up to \$75,000 per year

We recommend mentored practicing clinician-scientists apply to K08/K23; for K01, NINDS will match K08/K23 salary and research support

PA-24-193: NIH Pathway to Independence Award
(Parent K99/R00 – Independent Clinical Trial Required)

PA-24-194: NIH Pathway to Independence Award
(Parent K99/R00 – Independent Clinical Trial Not Allowed)

Contact:

NINDSKAwards@ninds.nih.gov

K99/R00 Transition Award at a Glance



To support an **initial mentored research experience (K99)** followed by **independent research (R00)** in an independent research position



With **salary and research development funds**, supports up to two years of mentored research followed by three years of independence



Within **4 years** of cumulative **postdoctoral** research experience



Postdocs that require at least 12 months of training to become a competitive candidate for an independent faculty position

K99/R00 Eligibility and Details of Support

- Justify the need for a K99/R00 through a clear, feasible career development plan that addresses specific training gaps
- Demonstrate that the plan will support progress toward the next career stage and research independence.
- Show intellectual ownership of the proposed project by the candidate.
- At the application due date, applicants can have no more than 48 months (49 months for resubmission applications) of research experience in a mentored, non-faculty position following the completion of the requirements for their doctorate
- Must secure a faculty position by end of K99 phase
- Award recipients are expected to compete successfully for independent R01 support during the R00 phase.
- No citizenship or permanent residency requirement

PA-24-181: Mentored Clinical Scientist Research Career Development Award
(Parent K08 – Independent Clinical Trial Required).

PA-24-182: Mentored Clinical Scientist Research Career Development Award
(Parent K08 – Independent Clinical Trial Not Allowed).

PA-24-184: Mentored Patient-Oriented Research Career Development Award
(Parent K23 – Independent Clinical Trial Required)

PA-24-185: Mentored Patient-Oriented Research Career Development Award
(Parent K23 – Independent Clinical Trial Not Allowed)

Contact:

NINDSKAwards@ninds.nih.gov

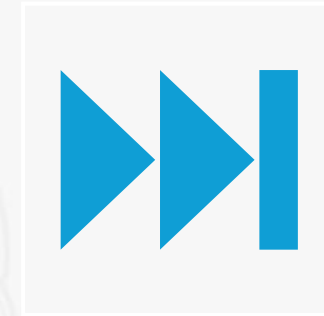
Clinician-Scientist Career Development Awards At A Glance



Provide clinician scientist scholars with the skills, education and **protected time** that will enable them to launch an independent research career



With **salary** and **research development funds**, supports up to five years of mentored research



Awardees are expected to apply for **R01** equivalent funding once awarded their K, but not before

K08/K23 Eligibility and Details of Support

- NINDS prioritizes applications from
 - Health care professionals
 - Licensed to practice in the US, and
 - Have a faculty position at the time of award
- Applicants beyond 5 years post clinical training (i.e., post consecutive residency and clinical fellowship training) should contact NINDS prior to applying
- By the time of award, the candidate must be a citizen or a non-citizen national of the United States or have been lawfully admitted for permanent residence.
- Salary support up to \$125,000 per year, plus fringe, and up to \$51,000 per year in research support

NINDS K02 Independent Scientist Award

WHO IT'S FOR

Health professionals committed to a career in neuroscience research who have recently achieved independent scientist status

For physician scientists who are missing one or more components to compete for an R01

WHAT IT DOES

Follows a K08/K23

Supports continued career development needed to be more successful in obtaining an R01

WHAT YOU GET

Salary and research costs for the first three years

Years 4 and 5 contingent on successful competition for an R01 or equivalent award

K22 Career Transition Award for NINDS Intramural Clinician-Scientists

- Provides support to clinician-scientists to develop their independent research skills
- Two-phase program
 - Initial mentored research experience in the NINDS intramural program
 - Final period of independent research at an extramural institution

Designed to facilitate the transition of NINDS intramural neurologist- and neurosurgeon-scientists to independent, academic faculty positions that support clinician-scientists to engage in independently funded scientific research as well as clinical activities

NINDS K Awards

	K32	K01	K99/R00	K08/K23
Eligibility	Late-stage PhD candidates who have identified a postdoctoral mentor and postdocs with up to two years of postdoctoral experience	Doctoral degree holders who have not held an R01 or other major NIH research or career development award	Doctoral degree holders within 48 months of post-degree research experience, planning to transition to a tenure track position in 1-2 years	Research and/or clinical doctorate holders that are licensed to practice clinically in an independent research position at time of award
Career Stage Support	Postdoc	Postdoc or faculty	Postdoc	Early career faculty
Support Duration	Up to 3 years	Up to 5 years	K99: 1-2 years; R00: 3 years	Up to 5 years
Preliminary Data	Not required	Expected	Expected	Expected
Salary/Research Support	Up to \$75,000 per year, plus fringe; \$30,000 per year in research support	Commensurate with career stage/clinician status	Commensurate with career stage/clinician status	Up to \$125,000 per year, plus fringe; \$51,000 in research support
Citizenship/Residency Requirement	Yes	Yes	No	Yes
Intramural eligible?	No	Yes	Yes	No
Next Application	Further Career Development (K99, K01, K08, K23)	Research Project Grant (R01)	Research Project Grant (R01)	Research Project Grant (R01), Independent Scientist Award (K02)

Prior to Submitting

- Email NINDSKawards@ninds.nih.gov
 - Include a draft of your specific aims
 - Include expected or actual date of postdoc start
- The Office of Training and Workforce Development will confirm eligibility and NINDS mission fit
- OTWD can address general questions on application structure and process. Scientific questions should be addressed by your mentors, and we will connect you with an NINDS subject matter expert

For more information:

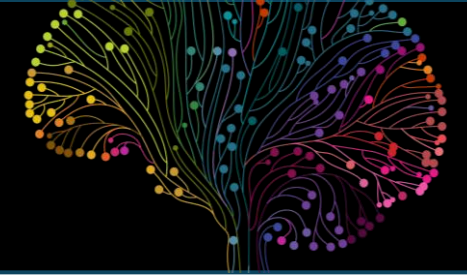
[NIH Application Guide](#)

[Suggestions for a Good Career Development Plan](#)

[NINDS Individual Career Development Funding Considerations](#)

[Learn more about our interest areas](#)

NINDS Training Office Resources



The screenshot shows the NIH Grants & Funding website for the National Institute of Neurological Disorders and Stroke (NINDS). The page features a navigation bar with links for 'NEW TO NIH', 'FUNDING', 'GRANTS PROCESS', 'POLICY & COMPLIANCE', 'NEWS & EVENTS', and 'ABOUT US'. The main content area is titled 'National Institute of Neurological Disorders and Stroke (NINDS)' and includes sections for 'On this page', 'Mission Statement', 'Interest Areas', and 'Additional Information by Funding Category'. The 'Additional Information by Funding Category' section lists various funding opportunities such as Administrative Supplements, Conferences and Meetings, Individual Career Development, Individual Fellowship, Institutional Career Development, Institutional Training, Research Education, and Small Business.

A graphic with a blue background and a white smartphone in the center. The text on the phone reads: 'NIH National Institute of Neurological Disorders and Stroke', 'NINDS Training Newsletter', and 'Subscribe now:'. Below the text is a QR code. Above the phone, the text says 'Subscribe to the NINDS Training Newsletter!' and provides the URL <https://bit.ly/NINDSTrainingList>.

A podcast cover for 'BUILDING UP THE NERVE'. The title is in large white letters on a purple background. Below the title, it says 'A podcast from the National Institute of Neurological Disorders and Stroke, part of the National Institutes of Health'. The hosts are Lauren Ullrich, PhD and Marguerite Matthews, PhD, with their photos shown in circular frames. The cover lists five seasons of episodes: 1. The Life Cycle of an NINDS Grant, 2. Building a Grant Application, 3. Mentoring in Science, 4. Demystifying the Hidden Curriculum, and 5. Scientific Communication.



Breakout Rooms

- K32
- K01 and K99/R00
- Clinician-Scientist Ks (K08, K23, K22, K02)